

# Tea & coffee

by Blue Stone

## Coffee Menu

Cappuccino	café latte	flat white	long black
mocha	hot chocolate	chai latte	macchiato
long macchiato	afofato		

**syrups:** Vanilla, Caramel, hazelnut

## Tea Menu (loose leaf)

ENGLISH BREAKFAST	EARL GREY	GREEN SENCHA
CHAMOMILE	PEPPERMINT	LEMON GRASS & MINT INFUSION

## Pure Herbal Infusion

*(Hand blended by Australian Herbalist & Naturopath)*

### ENERGY *(Boost your Energy)*

Energy is a delicious fusion of green tea and berries that can be used for a boost when concentration wanes or when there are general feelings of lethargy. *(Green Tea, Gotu Kola, Siberian ginseng, Blackcurrants, Strawberries, Blackberries, Hibiscus, Rosehips, Bilberries and Elderberries)*

### CALMING *(Relax your nervous system)*

Calming has the smooth taste of vanilla bean and can be used to relax the nervous system and encourage a restful sleep at night. *(Chamomile, Passionflower, Lime Blossoms, Vanilla Bean and Cinnamon)*

### DETOX *(Revitalise you body)*

Detox is a unique combination of bitter and sweet herbs and warming spices that is perfect for those wanting to purify and revitalise their entire body. *(Dandelion Root, Chicory, Yellow Dock, Calendula, Nettle, Fennel, Licorice, Ginger & Cinnamon)*

# Sweet Treats

by *Blue Stone*

## **Frieands**

raspberry  
blueberry  
almond  
lemon

## **Slices**

coconut & raspberry  
cherry chocolate  
belgium chocolate brownie  
american chocolate brownie  
caramel fudge

## **Muffins**

raspberry & white chocolate  
blueberry  
apple & cinnamon  
cranberry  
tipple chocolate  
banana pecan

## **Cafe cookies**

milk chocolate chunk  
white chocolate & macadamia nut  
triple chocolate fudge

## **Yael's hand made cakes and cup cakes**

blackberry cheese cake  
mango & coconut cake  
belgian baked chocolate tart  
classic french lemon tart  
Passionfruit brulee tart

assorted cup cakes